

BMSS Swimming Club Xmas Sprint Meet 2008
 Sunday 7th December 2008
 Individual Entry Form: Boys/Girls (Delete as appropriate)

Event	50m Fly	100m Fly	50m Back	100m Back	50m Breast	100m Breast	50m Free	100m Free	100m IM
Entry Time									

Name _____ Total Entries _____ @ £3.00 per event= Total _____

Date of Birth _____

Age as at 7th Dec 2008 _____ Coaches Passes _____ @£5 each= Total _____

ASA Registration Number _____

Club Name _____ Total amount enclosed £ _____

Session 1: Warm up 8:00am Start 9:00am

EVENT No.	AGE	Dist	DESCRIPTION
1. Girls	11 & Over	100 m	Individual Medley
2. Boys	11 & Over	100 m	Individual Medley
3. Girls	9 & 10	50 m	Backstroke
4. Boys	9 & 10	50 m	Backstroke
5. Girls	11 & Over	100 m	Breaststroke
6. Boys	11 & Over	100 m	Breaststroke
7. Girls	9 & 10	50 m	Butterfly
8. Boys	9 & 10	50 m	Butterfly
9. Girls	11 & Over	100 m	Freestyle
10. Boys	11 & Over	100 m	Freestyle

Session 2: Warm up 1:00pm Start 2:00pm

EVENT No.	AGE	Dist	DESCRIPTION
11. Girls	9 & 10	100 m	Individual Medley
12. Boys	9 & 10	100 m	Individual Medley
13. Girls	11 & Over	100 m	Butterfly
14. Boys	11 & Over	100 m	Butterfly
15. Girls	9 & 10	50 m	Breaststroke
16. Boys	9 & 10	50 m	Breaststroke
17. Girls	11 & Over	100 m	Backstroke
18. Boys	11 & Over	100 m	Backstroke
19. Girls	9 & over	50 m	Freestyle (open to all ages)
20. Boys	9 & over	50 m	Freestyle (open to all ages)

BOLTON METRO SWIM SQUAD XMAS SPRINT MEET 2008 - LEVEL 3 GALA

ENTRIES CLOSING DATE: 02/11/2008

CHEQUES PAYABLE TO 'LANCASTER CITY ASPC'